



THE ALTON ANGELUS

May 2012

The Rev. David J. Boase—Rector

*The Episcopal Parish of Alton has as its mission:
the knowing and praising of God and his Son Jesus,
outreach to the needy,
and the giving and receiving of love.*



Vestry

Rector's Warden: Charles Buxton
Parish Warden: Barbara Ulfers
Clerk of the Vestry: Jane Hill
Treasurer: Bill Bryant

Fr. Boase	467-0697
Ann Bromaghim	551-5024
Bill Bryant	466-4806
Gay Bryant	466-4806
Charles Buxton	462-5832
Jeff Dunnagan	467-2771
Linda Dunnagan	467-2771
Tim Eagleton	467-2568
Diana Enloe	463-0391
A.J. Goers	466-2963
Jane Hill	466-7362
Marti LoRusso	251-4921
Victor Sever	251-0013
Barbara Ulfers	462-1364



*Illustration: a page from the Gospel Lectionary
portion of the Bamberg Apocalypse*



FROM THE RECTOR

Dear Friends,

Sunday 27th May is the Feast of Pentecost when we celebrate the gift of the Holy Spirit to the disciples. We read in the Acts of the Apostles 2: 1-4: “When the day of Pentecost had come they were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.”

When I was a child the Prayer Book referred to the Holy *Ghost* rather than the Holy *Spirit*. The word *ghost* in English comes from the German *geist*, which has a wide range of meanings. Gradually, however, the word *ghost* was replaced by the Latinate *spirit*. With this translation we are more familiar, and probably more comfortable. We still need help though, and so I quote from the Book of Common Prayer, specifically from the Catechism and pages 852/3 where we find the following:

The Holy Spirit

- Q. Who is the Holy Spirit?
A. The Holy Spirit is the Third Person of the Trinity, God at work in the world and in the Church even now.
- Q. How is the Holy Spirit revealed in the Old Covenant?
A. The Holy Spirit is revealed in the Old Covenant as the giver of life, the One who spoke through the prophets.
- Q. How is the Holy Spirit revealed in the New Covenant?
A. The Holy Spirit is revealed as the Lord who leads us into all truth and enables us to grow in the likeness of Christ.
- Q. How do we recognize the presence of the Holy Spirit in our lives?
A. We recognize the presence of the Holy Spirit when we confess Jesus Christ as Lord and are brought into love and harmony with God, with ourselves, with our neighbors, and with all creation.
- Q. How do we recognize the truths taught by the Holy Spirit?
A. We recognize truths to be taught by the Holy Spirit when they are in accord with the Scriptures.

In trying to help us celebrate the Feast, I commend those words to you but, in addition, I want to give you some biblical references, together with an accompanying prayer, in the hope that you may wish to look up the reference from Scripture and read it, then to ponder the text, and then use the prayer which follows each scriptural reference.

St. Luke 4: 18-19

Prayer: May the spirit of the Lord be upon us that we may announce good news to the poor, proclaim release for the prisoners, and recovery of sight for the blind; that we may let the broken victim go free, and proclaim the year of the Lord's favor; according to the example of Christ and by his grace. Amen.

Isaiah 11:2

Prayer: Grant us Lord the spirit of wisdom and insight, the spirit of counsel and power, the spirit of knowledge and of the fear of the Lord; to make us quick in understanding, and true in judgment; according to the example of Christ and by his grace. Amen.

Acts of the Apostles 2

Prayer: Bless us Lord, when we are all together with one consent in one place, and grant that in our common life we may know the coming of your spirit: Make our hearts as one and clothe our mind with fire; then make us Lord, separately and together, preachers for your good news whom all the world shall hear and understand. Through Jesus Christ our Lord. Amen.

Galatians 5:22-24

Prayer: Grant to us Lord the fruit of the spirit: and may your life in ours fulfill itself in love, joy, peace; patience, kindness, goodness; faithfulness, gentleness and self-control. May our lower nature, with its passions and desires, be crucified with Christ, that true life may come. And may the Holy Spirit, the source of that new life, direct its course to your glory, through Jesus Christ our Lord. Amen.

Yours sincerely,

Fr. David+



**This year's annual offering for the Endowment of the Diocese of Springfield
will be taken on Whitsunday (Pentecost), May 27, 2012.**

This important offering is an opportunity once a year for individuals throughout the Diocese to contribute in a lasting way to the future growth of our portion of Christ's Church.

Your help in making the 2012 Whitsunday offering
a success will be greatly appreciated.

Ascension Day, Pentecost, and Trinity Sunday To Be Commemorated



Three feasts of great importance in the life of the Church—the Ascension, Pentecost and Trinity Sunday—are commemorated in May and June this year. **Ascension Day, which falls 40 days after Easter, will be marked with a special Mass on Thursday, May 17, at 7:30 p.m. at St. Paul's.** Pentecost is celebrated 10 days later, on Sunday, May 27. Trinity Sunday is one week after Pentecost, on June 3.

The Ascension is usually described as marking the completion of Jesus' ministry on earth as he returned to the heavenly domain. It also marks the moment when Jesus commissioned his disciples to begin the task of spreading the Gospel. As recorded in St. Mark's Gospel, Jesus said: *"Go into all the world and proclaim the good news to the whole creation."* St. Luke tells us that Pentecost occurred a short time after the Ascension and marked the fulfillment of Jesus' promise, at his Ascension, to send the Holy Spirit to the disciples.

As recorded by St. Matthew, the last words Jesus said to his Apostles before returning to Heaven were: *"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of time."* These words, among others in Holy Scripture, form the basis of our doctrine of the Trinity. In our commemoration of Trinity Sunday, we honor the Unity of the Godhead, embracing God in Three persons—Father, Son, and Holy Spirit.



Many thanks to all the mothers who have given so generously over the years.

Please join us on Mother's Day, May 13, for a special coffee hour in your honor after services at Trinity and St. Paul's.

Episcopal Church Men

Bucket Brigade Set for May 19



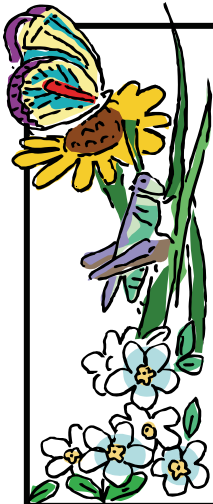
Help spread happiness along with paint by joining us in the community-wide Bucket Brigade, scheduled for Saturday, May 19.

The Bucket Brigade, co-sponsored by Pride, Inc., Sherwin-Williams, and *The Telegraph*, has been painting homes for area residents since 1988. The program matches volunteer teams with homeowners who are no longer able to maintain their homes without assistance. In order to qualify for the program, homes must be one-story, owner occupied residences. Most of the homeowners that benefit from this program are seniors who simply cannot handle such a huge job alone. Other recipients are those with physical or financial limitations that prevent them from doing the work. Volunteer teams complete the painting at no cost to the homeowner.

The house our group will paint is located at 3328 Fernwood in Alton, which is where we will meet beginning at 8:00 a.m. Sign-up sheets for the parish team volunteers will be posted at St. Paul's and Trinity. All painting supplies will be provided (unless you have your own special brush or roller that you prefer to use). Hats and gloves are your responsibility. The parish has a "finished by noon" custom to keep alive, so join in for as much time as you can spare.

For more information, please contact Gay Bryant or Tim Eagleton.

Evangelism and Outreach Commission



Many Hands Make Light Work

Spring is here and the gardens are in bloom at Trinity and St. Paul's.

It is time to start caring for our lovely gardens.

As a garden volunteer, you could help water, deadhead, trim shrubs, fertilize or pull a few weeds.

Help to keep our gardens growing this spring and summer by volunteering.

At Trinity contact A.J. Goers and at St. Paul's sign up in the parish hall or contact Margaret Engelmann.

Parish Appreciation Potluck and Raffle Drawing Set for May 20



The ECW is once again sponsoring our annual Spring “Parish Appreciation” Potluck on Sunday, May 20, in Heneghan Hall following the 10:30 a.m. service at St. Paul’s. Sign-up sheets are posted at St. Paul’s and Trinity. ECW will provide meat and drinks...and everyone is asked to bring a side dish. With all the wonderful cooks in our parish, it is always a feast!

The drawing for our Spring fundraiser raffle will take place May 20 during the potluck. This kick-off fundraiser is a 50/50 raffle. Purchase your tickets from any ECW member. The cost of the tickets are:

- \$1 for one
- 6 tickets for \$5
- \$10 to buy as many tickets as fall the length between your nose and your toes;

OR

- \$20 for the number of tickets that fall the length between Charlie Buxton’s nose and toes!!



Potluck
BRUNCH

ECW fundraisers provide monies for outreach and in-parish projects throughout the year.

For more information, contact Ann Bromaghim.

ECW

Join Us in ‘Traveling Trivia’

Set aside the date!! **June 23** will be the next great fundraiser for ECW and involves a traveling trivia adventure. Starting in late afternoon, participants will be given one clue to start them on their merry way of discovering or re-discovering Alton’s past. That clue will lead them to their next destination, where they’ll receive another clue that leads them to a third site. You get the picture. At the end, all participants will return to Heneghan Hall or the garden (weather permitting), where refreshments (included in the price) and entertainment will be enjoyed by all. Come join us for this unique and fun way of celebrating Alton’s heritage while enjoying one another’s company! For more information, contact Ann Bromaghim.



Coming soon...

Saturday, June 2	Parish Work Day—Trinity and St. Paul's, 9 a.m. to noon
Sunday, June 3	Trinity Sunday
Sunday, June 10	Mass and Parish Picnic—Glazebrook Park, 10:30 a.m.
Sunday, June 17	Father's Day
Saturday, June 23	Traveling Trivia
Wednesday, July 4	Independence Day—Church Office closed



In next month's edition of *The Angelus*, we wish to recognize those who are graduating from high school, college or other institutions of higher learning. If you know of such a person connected with our Parish (member or child/grandchild/spouse of a member), please contact the Church Office.

The deadline for the June *Angelus* is May 17, 2012.



Please e-mail your articles to outreach@episcopalalton.org.



Please make the following change to your Parish Directory:

Sue Picker
51 Briarhill Drive
Simpsonville, SC 29680
Phone 864-228-4849



Mark the date now!
The annual Parish Picnic will be held Sunday, June 10 at Glazebrook Park in Godfrey. Sign-up sheets for picnic food will be posted May 27th.



BODY*MIND*SPIRIT

Greetings Friends!

My letter this month is truly a spiritual address—and it is not mine. One of our Parish/Faith Community Nurses, Cathie Ketterer, is making final arrangements to go to Kenya for a two week mission trip in May. You may remember Cathie—she has been featured in the hospital publications and *The Telegraph* for losing over 100 pounds and attributes the strength to do that to God's help. She is the Parish Nurse at First Presbyterian and has been on the Block Party planning committee. I think her personal testimony speaks volumes about how God can work wonders in our lives—if we will just listen. My request is for you to read her personal testimony and then pray for her during the month of May, while she is in Kenya. I promised her that I would, additionally, pray for her while she was in the air—she is not a fan of flying. She will be gone May 13 to the 25th. Thanks in advance for your prayers.

TESTIMONY OF TRYNG TO SHUT OPEN DOORS

Last year I signed up to go on a mission trip to Kenya, Africa. The opportunity fell through and we were told that our information would be kept for the possibility of a future trip. I really never thought much about it anymore. It was a Wednesday when I checked my e-mail and there was an invitation to go to West Kenya in May. I found out on Wednesday and the deadline to sign up was the following Tuesday! That really was not much time to think about it or make plans. I immediately prayed to God that if He wanted this to happen that a lot of doors would have to be opened. When I found out that I would be the only one going from our church and that I would not know anyone else, I immediately decided that I did not want to go. After some encouragement and being told to face my fears, I decided to face this head on. I did a lot of crying. I was on the verge of a panic attack all weekend long. I told God I needed a direct answer, I wanted to hear His voice, really hear His voice. I realized I would have to go to His Word for this. I started in Acts 1. Nothing really struck me there and I backed up and read verse 8: "But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth." I said, "OK, God, is this it?" I did not feel anything overwhelming but it was a beginning. Sunday during church I could hardly concentrate. I taught the Sunday school lesson, and guess what it was about? You guessed it—FEAR. Each song we sang almost brought me to my knees. During the altar call, the devil sat on my lap—I wanted so badly to go up and pray and have someone pray with me, but I could not move. I asked my pastors if I could talk with them after a church activity that same night. They prayed with me and told me to go

home, get on my knees and ask God to reveal to me what I should do and to seek His wisdom in His Word. I did just that, on my knees and crying yet once again. I read Ephesians 1:18: "...having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints." OK, so maybe I was getting closer. I then felt like God was asking me what my favorite verse was. It is Phil. 4:13: "I can do all things through him who strengthens me." I then knew I could this. But I decided to read the whole chapter. Phil. 4:6-7 says: "Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." Wow, I should not be anxious and I can experience peace!!!! So then Monday morning I went to work and I was praying. This was the last day to say yes. "OK, God, I still don't think I want to do this and am still not sure it is what you want, so if you don't want me to do it, the trip will be full." It was a first come thing. Well, you guessed it—openings still existed. I still did not commit at this time. Money was an issue, my health, getting help for my mom, and I still did not want to go alone. Well, I got \$300 pledged from some friends, my cousin and niece will stay with my mom, I am feeling somewhat better. The door kept opening and I still was trying to shut it. Another friend even donated a week of her vacation time to me. She then shared the following devotion with me:

Embracing Change

TODAY'S SCRIPTURE

"See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the desert and streams in the wasteland." (Isaiah 43:19, NIV)

TODAY'S WORD

Change is one of the most difficult things for people to face; however, change is inevitable. In fact, Mark Twain once said, "The only person who likes change is a wet baby." One reason people don't like change is because they get comfortable with where they are in life. They get used to their friends, job or the place they live. And even if it's not perfect, they accept it simply because it's familiar. However, when we are not willing to change, we get stuck in life holding on to what God did in the past instead of growing and moving forward into what God wants to do in the future.

Today, I encourage you to be open to the new things God has in store for you. Always remember that just because God has blessed you where you are doesn't mean you can just sit back and settle there. God wants to do something new in you and through you. He wants to see you grow, prosper and flourish. Get ready and keep your heart focused on Him. Embrace change and see the blessing God has in store for you!

A PRAYER FOR TODAY

Father God, I humbly come before you and thank you for all you've done in my life and all you will do in my future. I submit myself to you and choose to embrace change knowing that you always have good things in store in Jesus' name. Amen.

This had Cathie written all over it. My boss then approved my vacation for that time of year and I committed to going. So the sun set and panic overtook me. Did I do the right thing, can I really do this? I asked some people to pray for me on Facebook and calmed down some. Yes, I can do this!!! Will there be more tears between now and then? Yes, I guarantee there will be. Everyone that has been on a mission trip says that it is a life changing experience. I look forward to what God has for me. Please continue to pray for me. Things are still falling into place, but I am fully trusting God that he will provide. I will leave for Chicago on May 13 for an orientation meeting that evening and then fly out the next day. I will be in Nairobi briefly and then onto Kisumu briefly and then our work efforts will concentrate mostly in Kakamega. We will have a two day women's rally and then the rest of the time will be spent painting churches inside and out and working with disabled children at two different schools. Please keep me in prayer during this time.

Is God calling you to something? It doesn't have to be Kenya. It can start right here in your own church, no matter what age or physical condition you are in. If nothing else you can spend a dedicated time in prayer each day for your church, community and country.

God Bless,

Cathie Ketterer MSN, RN

Faith Community Nurse

I can add nothing to this. Just a few reminders:

- Family Safety-fest/free helmet give-aways and fittings at AMH May 5—see *HouseCalls* for details.
- Read about our new Radiation Oncologist and Medical Director of our Cancer Care Center in the current *HouseCalls*.

Happy Mother's Day!

Judy Roth, RN, MSN

Parish/Faith Community Nurse

Alton Memorial Hospital



May Birthdays

5	Marylin Bromaghim	20	Aaron Heneghan
6	Audrey Ridenhower	22	Charlie Buxton
	Susan Lukasik	23	Guy Aton
7	Trevor Eagleton	24	Thomas Hughes
10	Kareen Eagleton	25	Judi Mottaz
11	Nick Zankl	26	Laurna Hutchinson
12	Cassie Swanson	27	Julie Harris
18	Pam Smith	31	Janet Beuttel



The Church Office
will be closed Monday, May 28
in honor of Memorial Day.



Words of appreciation

Show your love for your mother, grandmother or aunt this Mother's Day by placing words of appreciation throughout the house for her to find.

What you need:

- Construction paper
- Scissors
- Colored pencils
- Crayons
- Tape

THANKS!

What you do:

1. Fold construction paper into fourths.
2. Cut paper along the folds to get four pieces.
3. On each rectangle, write words of appreciation, drawings and so on.
4. Tape the papers throughout the house. For example, a note on the refrigerator or pantry might say, "Thank you for making yummy meals for me." A note on a mirror might say, "You are beautiful inside and out!"



Worthy of honor

What does God mean when he commands us to honor our fathers and mothers (Exodus 20:12)?

Complete this word search to discover words that mean the same as *honor*.

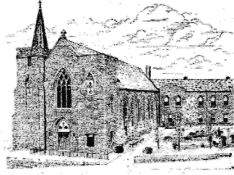
admire • adore • appreciate • cherish • esteem
look up to • praise • respect • revere • value

E	S	T	E	E	M	U	H	A	L	G	Z
F	K	M	R	Q	E	X	H	P	C	C	I
N	O	L	D	U	Y	S	S	P	R	N	E
I	P	J	L	J	I	R	T	R	M	Y	R
D	X	A	S	R	K	E	J	E	Z	K	O
R	V	O	E	J	P	S	X	C	F	A	D
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V	C	V	A	Q	N	E	Y	A	P	M	G
Q	D	I	E	P	F	C	M	T	Y	I	Z
Z	S	X	C	R	X	T	P	E	N	R	G
E	O	X	U	Y	E	U	A	Y	O	E	H
B	R	E	O	T	P	U	K	O	O	L	Q

Mother's Day



EPISCOPAL PARISH OF ALTON



St. Paul's Church
10 East Third St.

Alton, IL 62002



Trinity Chapel
1901 State St.

Office hours:

Monday-Thursday, 8:00 a.m.-4:00 p.m.
Friday, 8:00 a.m.-12:00 noon

Telephone: 618-465-9149

Fax: 618-465-0450

E-mail: epialton@episcopalalton.org

Rector: rector@episcopalalton.org

Website: www.episcopalalton.org

Help Feed Local Children This Summer

After receiving the following e-mail, the Evangelism and Outreach Commission has decided to join in local efforts to help feed children in the community this summer. Here's what it says:

Main Street UMC is working to ensure that school kids in Alton do not go hungry this summer. We are following a program that was developed in Granite City last year where they fed over 2,500 kids. It's hard to believe that kids in our community actually have hunger issues. But, the facts support that. Did you know that approximately 75% of kids attending three of the grade schools in Alton receive a free or reduced priced lunch during the school year? Our goal is to provide school aged kids with a sack lunch during the summer months. We will simply hand out the sack lunches to any child who shows up at our station. We are anticipating handing out 4,500 lunches.

Each sack will include a Luncheable, a snack bar and a juice box. We are planning to have four feeding centers with two people at each center to hand out the bags. We'll park our car in front of the selected locations from 11 until 1 p.m. Monday through Friday. We plan to have signs on our cars as well as tee shirts to identify us. We still have some logistics to work out, but we've identified several churches that will probably serve as the feeding centers.

I am looking for people who are willing to volunteer for this endeavor. If you are willing and available one day a week, one entire week or even one day, we'd appreciate your assistance and I truly believe that you will come away from the program with a sense of accomplishment and a full heart.

Can you help? Please contact Gay Bryant for more information or to volunteer.

